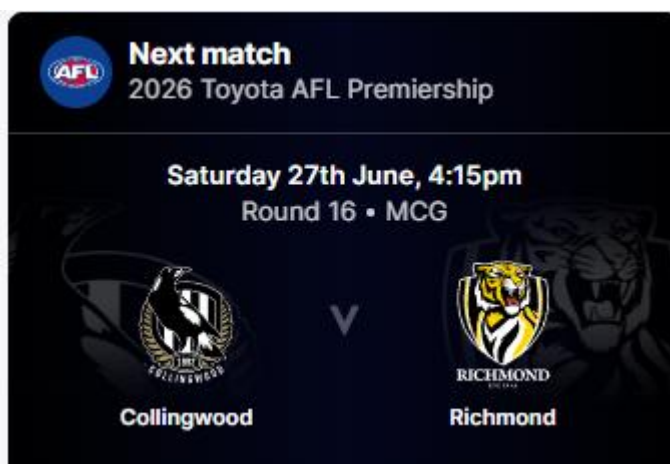
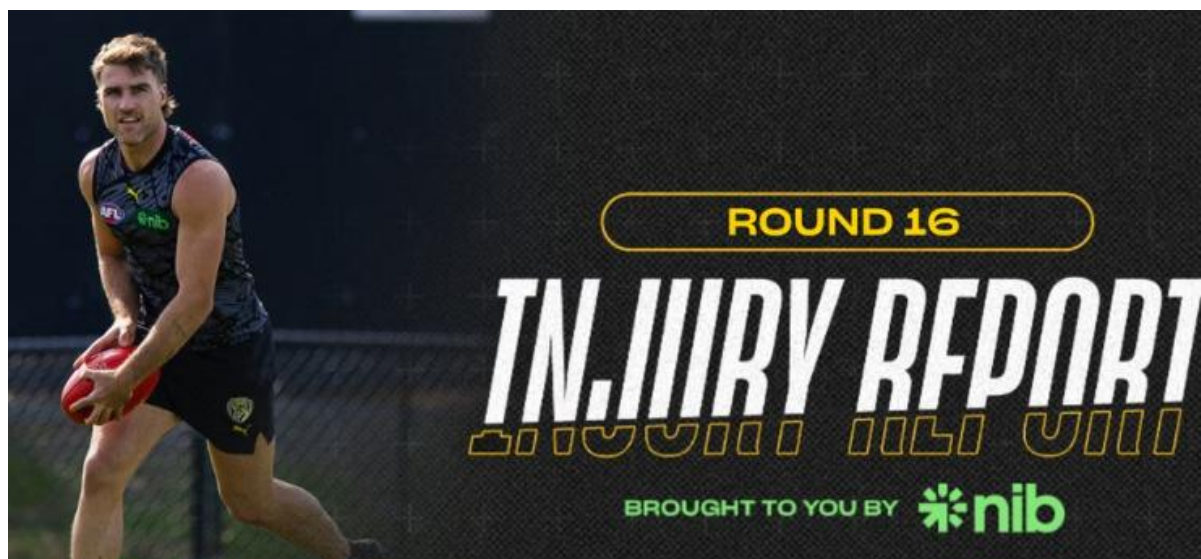


Have a couple of hours spare a month? Want to help out the club? Capital tigers are looking for a treasurer. Interested? Please reach out to the committee.

Next Match – See you at Eastlakes this Saturday afternoon at 4.15pm.



**Injury updates on Hopper, Ross, Trainor and more
– richmondafc.com.au**



High Performance Manager Ben Serpell has listed two Tigers as tests ahead of Richmond's Round 16 clash with Collingwood on Saturday.

Despite both the AFL and VFL teams suffering losses over the weekend, Serpell took positives in the successful returns from Toby Nankervis, Taj Hotton, Kane McAuliffe and Rhyan Mansell, who all gained valuable playing time.

This Injury Report is brought to you by [nib](#). With [nib](#), life could be potentially amazing.

Luke Trainor: Hip, Test

"Train's still managing that hip soreness. We're anticipating he gets through full training this week, and provided he gets through that, he'll be available for selection this week," Serpell said.

Jack Ross: Concussion, Test

"Jack Ross has turned a corner getting through the concussion protocols," Serpell said.

"He's just got to get through one more session, symptom-free. Provided he gets through that later in the week, then we'll make him available for selection this weekend."

Tom Lynch: Throat, Round 17

"Lynch will get a follow-up scan next week, and provided we see an appropriate amount of healing, he'll be available for selection against Carlton in a couple of weeks," Serpell said.

Harry Armstrong: Foot, Round 17-18

"Last week we said Harry would return around Round 16 to Round 18," Serpell said.

"We are probably anticipating he returns towards the back end of that, but he is progressing quite well and getting through a fair bit of football at the moment."

Judson Clarke: ACL, Round 17-18

"Juddy's doing very well," Serpell said.

“We'll get him through another week of full training next week, and that'll give him four weeks of full training. We're anticipating he returns to play for a little bit of game time in Round 17.”

Sam Lator: Achilles, Round 17-20

“Sam's doing quite well. We said last week he'd be returning to play around Round 16 to Round 20, we'll probably wait towards the back end of that,” Serpell said.

“He'll get scans later in the week for a follow-up to make sure healing's going in the right direction, and then we'll give you a bit more of an update after that.”

Jacob Hopper: Ankle, TBC

“Hop came out of that Tasmania game with a sore ankle. A follow-up investigation revealed a stress fracture in that ankle,” Serpell said.

“We'll begin reloading him next week, and then we'll have an idea of his return to play soon after that.”

Round 14 Match Review vs North Melbourne Kangaroos – richmondfc.com.au

Roos prove too strong for Tiger cubs





**CAPITAL
TIGERS**

Roar Roundup – Week 15

for the
**TIGER
ARMY**

In a low-scoring affair, Richmond went down to North Melbourne by 25 points on Sunday afternoon at the MCG.

The game opened up after half-time, North extending its lead from eight points at the main break to 26 points at three-quarter time, eventually winning 10.13 (73) to 6.12 (48) in front of a crowd of 41,806.

The young Tigers refused to give in, kicking three of their six goals in the final term, two to utility Noah Balta and one to Liam Fawcett, but goals to North's Tristan Xerri and winger Dylan Stephens put the win well and truly out of doubt.

Despite the immaculate weather conditions, both sides struggled to hit the scoreboard in the first quarter, kicking just a goal apiece in the winter sunshine.

Errant ball use and poor decision making meant the game was often slow moving and contested, allowing both sides to flood into defence to make it difficult to find marks inside 50.

Richmond now looks ahead to its Round 16 clash against Collingwood next Saturday at the MCG.

RICHMOND 1.2 3.4 3.8 6.12 (48)

NORTH MELBOURNE 1.2 4.6 7.10 10.13 (73)

GOALS

Richmond: Balta 2, Cumming, Alger, Lefau, Fawcett

North Melbourne: Trembath 4, Wardlaw 2, Larkey, Konstanty, Xerri, Stephens

BEST

Richmond: Taranto, Tresize, Brown, Balta, Short

North Melbourne: Trembath, Wardlaw, Daniel, Sheezel, Parker

INJURIES

Richmond: Nil

North Melbourne: Nil

Crowd: 41,806 at the MCG

VFL Match Review vs North Melbourne Kangaroos – richmondfc.com.au





**CAPITAL
TIGERS**

Roar Roundup – Week 15

for the
**TIGER
ARMY**

Richmond VFL went down by in excess of 10 goals on Sunday, outplayed by North Melbourne after a tight first term.

Matt Whitlock kicked the first goal of the game for the Roos, executing a nice set shot kick from 50, before Tigers small forward Rhyan Mansell signalled his return, kicking a classy snap. Both teams traded goals with Caleb Nancarrow's first VFL major keeping scores tight, before the Tigers dominated time in the forward half for the rest of the quarter.

Richmond struggled to capitalise in front of goal, only taking a two-point lead into quarter-time before an early goal in the second quarter from Brayden George gave North Melbourne the lead back.

Mohammed Yassine kept the Tigers right in the hunt, kicking truly from 40 metres out after being awarded a free kick. However, a few goals for the Roos in the middle of the term gave them some breathing room. North Melbourne were cleaner and played some clinical footy for the rest of the quarter, opening up a four-goal lead at half-time.

Mid-season recruit Ollie Griffin maintained the Roos' momentum, extending their lead after the main break, and when Banch kicked his third of the day, the lead was out to 38 points. Mansell was the one to finally break a run of six straight North Melbourne goals, kicking his third of the day, but the Roos answered back almost immediately.

The Tigers threw a few punches, but the Roos ultimately held their lead, taking a strong 40-point advantage into the last term. Facing a big deficit, Yassine gave Richmond a hot start in the last term as he slotted a goal less than a minute in, but Lachy Dovaston stretched the lead back out to seven goals.

North Melbourne finished the game in a flurry, kicking seven last-quarter goals to win by 63 points, with the Tigers hoping to put together a bounce back performance next Saturday afternoon against Collingwood at Victoria Park.

There were some positives for the Tigers, with Kaleb Smith keeping his great form going, finishing the game with 31 disposals, while Mansell got through the game on managed minutes and kicked three goals on return from a long-term injury.

Richmond 2.5 3.7 5.8 8.10 (59)

North Melbourne 2.3 7.8 11.12 18.14 (122)

Goalkickers: Mansell 3, Yassine 2, Peucker, Nancarrow, Burton

Richmond AFLW practice matches locked in

– richmondafc.com.au



Richmond will play four AFLW practice matches and match simulations ahead of its Round 1 match against Collingwood on Saturday 15 August.

The first of three match simulations is set for Wednesday 8 July against North Melbourne. The four-quarter simulation will be played at Arden Street, with the first bounce locked in from 11.30am (AEST).

A week later, on Friday 17 July, from 12.35pm, the Tigers will head out to Casey Fields to go head-to-head with Melbourne in the second match simulation.

The AFLW's official practice match is locked in against Fremantle, with Richmond heading over to Perth to take on the Dockers at East Fremantle Oval. That match is set for Saturday 25 July, with the game set to start at 10.30am (AEST), and 12.30pm (local time).

The Tigers will return home and take on Hawthorn in the final match simulation, just two weeks out from Round 1. Richmond will head out to the Kennedy Community Centre in Dingley to face the Hawks on Sunday 2 August from 1.00pm.

All three of the match simulations will have no limit of rotations.



**CAPITAL
TIGERS**

Roar Roundup – Week 15

for the
**TIGER
ARMY**



<https://membership.richmondfc.com.au/packages>